

Mirena® - The hormonal IUD

The hormonal IUD is a small T-shaped device that is fitted inside the uterus (womb) to prevent a woman becoming pregnant. Fine nylon threads are attached to the IUD - the threads come through the cervix into the top end of the vagina. Over a 5-year timeframe, it slowly releases a very low dose of progestogen hormone into the uterus. Periods usually become lighter or may stop when using a hormonal IUD. The hormonal IUD is 99.8% effective.